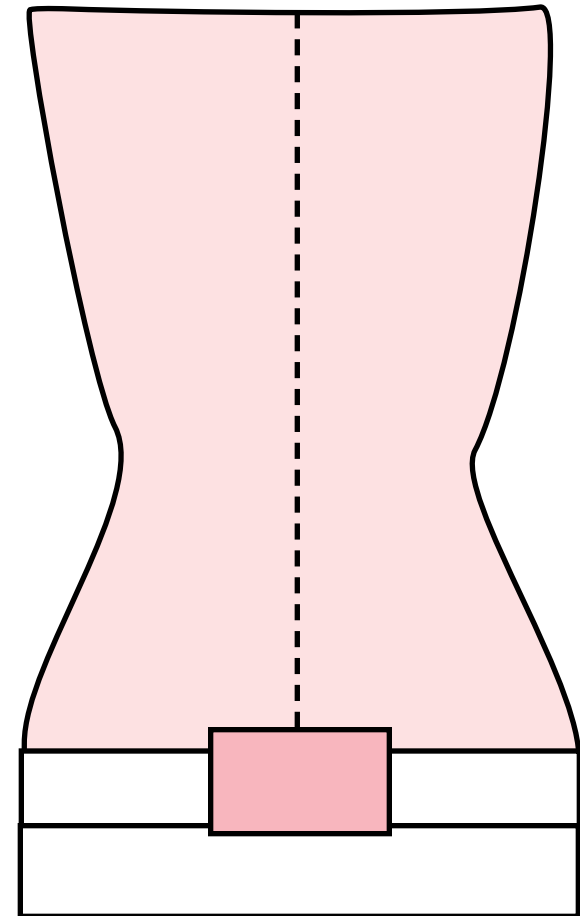
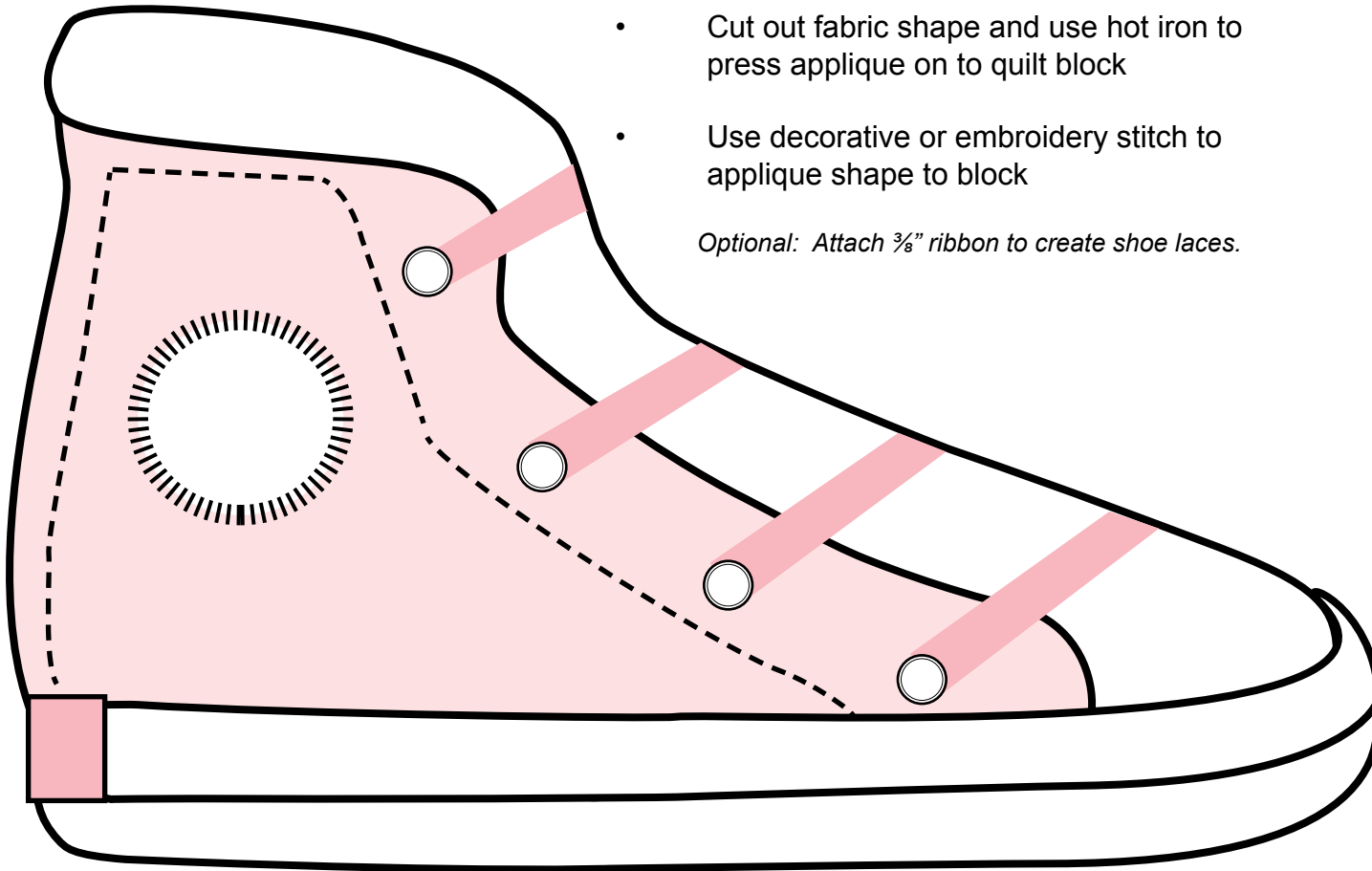




Sneaker Applique

- Trace sneaker shapes on to paper side of heat-n-bond
- Iron heat-n-bond to wrong side of fabric
- Cut out fabric shape and use hot iron to press applique on to quilt block
- Use decorative or embroidery stitch to applique shape to block

Optional: Attach $\frac{3}{8}$ " ribbon to create shoe laces.





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